

Providing Care for Students With Hereditary Angioedema (HAE)



Actor portrayal

You have received this guide because one of your students has been diagnosed with HAE and prescribed EKTERLY

The information inside can help you understand HAE, how to administer EKTERLY® (sebetralstat), and how to best support your student when they're having an HAE attack.

WHAT IS EKTERLY® (sebetralstat)?

EKTERLY is a prescription medicine used to treat sudden (acute) attacks of hereditary angioedema (HAE) in adults and children aged 12 years of age and older. It is not known if EKTERLY is safe and effective in children under 12 years of age.

IMPORTANT SAFETY INFORMATION

Before taking EKTERLY, tell your healthcare provider about all of your medical conditions, including if you:

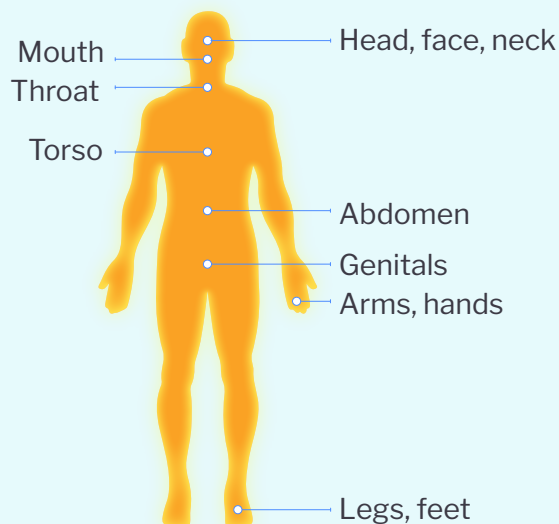
- Are pregnant or planning to become pregnant. It is not known if EKTERLY can harm your unborn baby.

Please see additional Important Safety Information throughout and click here for full [Prescribing Information](#), including [Patient Information](#).

Ekterly®
(sebetralstat) tablets 300 mg

What is HAE?

Hereditary angioedema (HAE) is a rare genetic condition that causes unpredictable, reoccurring attacks of swelling in different parts of the body:



HAE attacks can be painful, disruptive, and in some cases, life-threatening—specifically when the airway is involved.

While HAE swelling can look like an allergic reaction, it is **not caused by histamine and doesn't respond to treatments like antihistamines, epinephrine, or corticosteroids.**

What is EKTERLY?

EKTERLY is the first and only oral on-demand therapy to treat HAE attacks in adults and children 12 years of age and older.



EKTERLY is taken:

- at the first sign of an HAE attack
- **2 pills at a time**



A second dose may be taken after **3 hours**, with no more than 4 pills in 24 hours

Storing EKTERLY

- Store at room temperature (68°F to 77°F)
- Ensure medication is accessible during school hours per the student's care plan and parental permissions

IMPORTANT SAFETY INFORMATION (continued)

Before taking EKTERLY, tell your healthcare provider about all of your medical conditions, including if you:

- Are breastfeeding or plan to breastfeed. It is not known if EKTERLY passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby while taking EKTERLY.

Please see additional Important Safety Information throughout and click here for full [Prescribing Information](#), including [Patient Information](#).

What to do during an HAE attack

Some people may experience symptoms, such as nausea, vomiting, fatigue, tingling, non-itchy rash, abdominal discomfort, and a sense of tightness in the area where swelling may develop.

When a student with HAE reports these symptoms or shows signs of visible swelling:

1. **Administer EKTERLY** (or allow self-administration) **as quickly as possible**
2. **Contact a parent or guardian** as outlined in the emergency action plan
3. Stay calm and supportive as you **monitor the student closely** for progression of symptoms
4. If symptoms worsen, especially **breathing difficulties**, follow **emergency procedures**

In the event of a laryngeal attack

Laryngeal attacks can quickly become life-threatening. Signs include:

- Hoarseness/change in voice
- Trouble swallowing
- Difficulty breathing
- Swelling of the tongue or throat

What to do at the first sign of throat swelling:

Seek immediate medical attention—Call 911

Laryngeal attacks can be life-threatening

Administer EKTERLY

There have been no reports of difficulty swallowing EKTERLY during laryngeal attacks

IMPORTANT SAFETY INFORMATION (continued)

Before taking EKTERLY, tell your healthcare provider about all of your medical conditions, including if you:

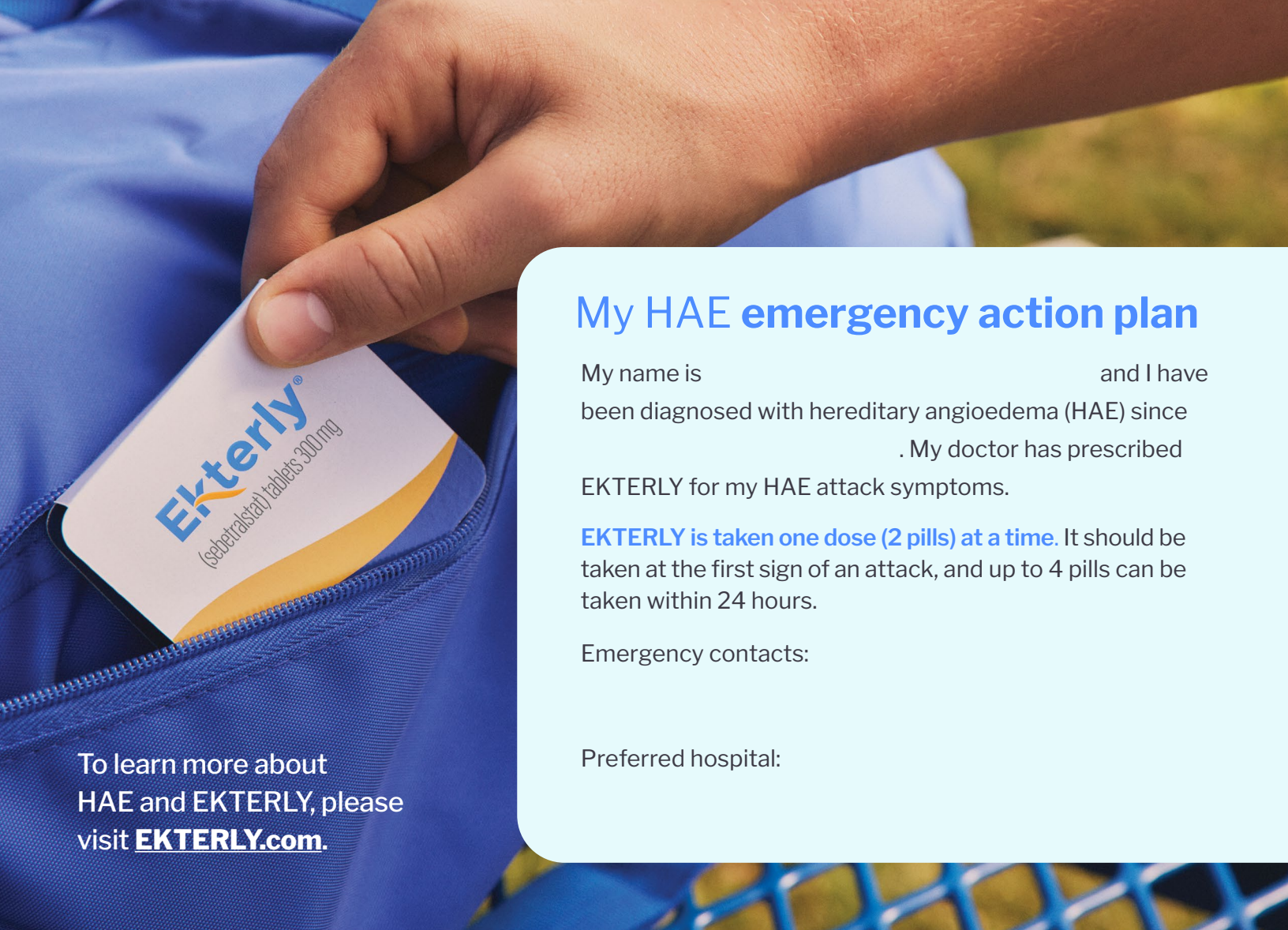
- Have liver problems.

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Actor portrayal

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To learn more about HAE and EKTERLY, please visit **[EKTERLY.com](https://www.kalvista.com/ekterly)**.

My HAE emergency action plan

My name is _____ and I have been diagnosed with hereditary angioedema (HAE) since _____. My doctor has prescribed EKTERLY for my HAE attack symptoms.

EKTERLY is taken one dose (2 pills) at a time. It should be taken at the first sign of an attack, and up to 4 pills can be taken within 24 hours.

Emergency contacts:

Preferred hospital:

IMPORTANT SAFETY INFORMATION (continued)

Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking EKTERLY with certain other medicines can cause side effects or affect how well EKTERLY or the other medicines work. Especially tell your healthcare provider if you take any of the following, as their use with EKTERLY is not recommended: itraconazole, phenytoin, efavirenz.

Know the medicines you take. Keep a list of them to show your healthcare provider or pharmacist when you get a new medicine.

What are the possible side effects of EKTERLY?

The most common side effects of EKTERLY include headache. For more information, ask your healthcare provider or pharmacist. Talk to your doctor for medical advice about side effects.

You are encouraged to report side effects related to KalVista products by calling 1-855-258-4782. If you prefer, you may contact the U.S. Food and Drug Administration (FDA) directly. Visit www.fda.gov/medwatch or call **1-800-FDA-1088**.

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